

REFLECTED BEST SELF

REPORT *for*

Mir Ghulam Hyder Talpur

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BEST SELF REPORT FOR MIR GHULAM HYDER TALPUR

The Reflected Best Self Exercise™ (RBSE) is a personal development tool that helps you see who you are at your best, engaging you to live and work from this powerful place daily. Created from research at the Center for Positive Organizations (Ross School of Business, University of Michigan), the RBSE has helped thousands of executives, managers, employees, and students discover new potential.

Research shows that a strengths-based self portrait correlates to extraordinary leadership. Unfortunately, most of us are more keenly aware of our leadership weaknesses than our strengths. The Reflected Best Self Exercise™ shifts this.

Designed for teams and individuals who want to leverage their strengths and flourish, the RBSE supports you to grow further into your best self, both at work and in life. We can strengthen our best-self portrait with insights reflected to us from significant people in our lives. Colleagues, friends, family members, and others have different perspectives on who we are at our best, and offer unique and valuable insights into the ways we make contributions. Some of these insights are shared in the pages that follow. Stories are presented as they were received - typos or phrasing have not been edited.

Self Reflection 1

I am at my best when I am doing something competitive. I have a very competitive nature and I like to win. I was in the semi-finals for the BU111 PepsiCo Pitch in my first year and while presenting my internet started lagging, it displayed a "something went wrong" on my screen and I started stuttering. I wasn't able to make it to the finals but I think I spent over 10 hours rehearsing my 1-minute long script. I did not even know what the winner got and I really didn't care. I just wanted to win. However, I am also aware that right actions are more important than victory. I am a huge advocate of Stoicism an ancient Greek philosophy that talks about making right (virtuous) actions overall. But I still like winning.

MEHBEER TALPUR

Story 1

You are the best person I've ever received guidance from, related to my academics or any other issues you have always been there for me. As an older brother you have guided me through the hardships of my life and always had my back no matter what the situation was. You have been a perfect role model for me, just like our father and encouraged in every phase of my life where I have lacked professional attributes and you'd deserve the 100 % credit for my excellence in academics and other stuff. By all means, you have been the best mentor, guide anyone could ask for.

Story 2

People say "older brother would always have your back and help you in every situation" . Well I've never believed this, but in recent times there have been many situations where I've been troubled and the only person I could rely on is you. And, you have always taken me out of every situation and help me in the best possible way. The positive changes in me are all because of you and your guidance, by all means you had my back in every situation and due to your guidance I've become the best version of myself.

ZEHRA TALPUR

Story 1

Ghulam Hyder showed leadership qualities during our trip back home. When we forgot all our passports. He was the first one to realize and negotiated with the officers to give us extra 20 mins. He then volunteered to go back home and bring back all the passports. He was very quick to go home and come back to the airport. He was already very tired because he had worked an over night shift and left for the airport in the morning. He then helped everyone with their luggage and handling their passports. He also helped everyone with immigration.

NAYLA SHAH

Story 1

Hyder's vibrant and outgoing personality showcases many leadership aspects an example would be; his being able to fit in with a group of people by learning about a different culture and stepping out of his comfort zone. through the University of Waterloo campus, we stumbled upon an electrifying atmosphere filled with the captivating beats of traditional Indian music. Intrigued, we discovered that

an Indian cultural dance event was taking place, showcasing the vibrant and diverse heritage of the country. Hyder, known for his outgoing nature and genuine curiosity, immediately expressed interest in joining the festivities. Despite our initial hesitation, we embraced the opportunity to immerse ourselves in this new cultural experience however on the other hand I was shy and was unable to unfold myself to this opportunity the way Hyder was able to. Hyder found many commonalities with his cultural background as well. Soon enough, Hyder found himself not only understanding the art of the dance but also actively partaking. He was willing to step out of his comfort zone, so he joined a group of students practicing a traditional dance routine. His infectious enthusiasm inspired others to join in, breaking down cultural barriers and fostering a sense of unity among the diverse group of students who similar to me may have shied away without seeing his encouragement. Hyder not only likes to

Story 2

Hyder's commitment to being creative and broadening his horizons in all sort of interests also showcases his ability to lead and his characteristics of leadership. For example, Hyder discovered his interest in a philosophical school of thought called stoicism. However, he took his interest further by as Hyder didn't stop there. Recognizing the power of experiential learning, he took the initiative to apply stoic principles to his own life. Inspired by the philosophy's emphasis on resilience and inner strength, Hyder started a daily practice of reflection and mindfulness. He incorporated stoic exercises, such as journaling and visualization, into his routine to cultivate a mindset focused on virtue, wisdom, and acceptance of life's uncertainties. As Hyder's journey with stoicism continued, he felt a deep sense of personal growth and fulfillment. His newfound insights not only shaped his own approach to challenges but also inspired those around him including me. I noticed the positive changes in his manner and approached him for guidance. He also decided to implement ways to teach others about this school of thought and lead people.

KARMAN SRAH

Story 1

Another example is last semester Hyder was in a group project of mine, and one of the team members was not doing their part. Hyder took the initiative to kindly talk to the person on the side to try to get them to do their part and eventually did the work when the other group member did not do it. Hyder again showed his strong leadership skills by being the one to talk to the group member and try to resolve the conflict peacefully. When he realized the groupmate was not going to do the work he decided to do it, while not taking ownership for doing it to the other group members. We ended up doing very well on the assignment and he then took the high road by not bringing up any of the

problems with the professor and letting the other group member receive the grade. This showed his strong character by fixing an issue without creating a big deal out of it and letting everyone receive the benefits of the outcome.

Story 2

Hyder is a very hardworking person, not only in school but for his own personal interests as well. I have worked with Hyder on many school and personal projects and he consistently tries his hardest to ensure the project is done to the best no matter how much time or effort it takes him. An example is the dedication Hyder has shown in developing his Stoicism website. I have seen him spend countless hours of work in order to create a stoicism website as currently there are no good stoicism websites to learn about it, so Hyder decided to solve this issue and took the initiative to create a website that teaches stoicism philosophy in a current and simple way. He asked me for help on little things about the website, like format and design, however, it also helped me learn a lot about stoicism and ways I can use it to improve my life. Hyder showed true leadership and empathy skills by solving a problem in a way everyone could understand instead of just complaining about the lack of stoic websites. Hyder also showed his dedication, by spending countless hours creating this website, while always completing his academic work to the utmost quality.

RAEED AHMED

Story 1

Hyder showed strong leadership during a Leadership presentation that I worked with him for. During the work stages of this assignment, Hyder showed up to every meeting early to ensure he understood his role and how to better everyone else's standings with respect to the goal we had; achieving 90s. Hyder demonstrated a lot of patience when dealing with certain members of the group when being asked redundant questions. He was able to steer the conversation towards a productive path at all times, and knew when to speak and when to listen. The impact of his involvement allowed for a smoother presentation preparation for the group. After the presentation took place, the group needed to answer some questions from the audience. One of the questions, I directed towards a member of the group, who was not paying attention to the presentation (not known by anyone in the group). To ensure that the group's image is not hindered, Hyder stepped up and answered the question that he was not expecting to answer himself, and did so with high quality. Once again, reinforcing the idea that Hyder's impact on the team allowed for a smoother delivery. Overall, the team benefited greatly with Hyder's participation in this assignment.

GURJIT SINGH

Story 1

Hyder is an individual very knowledgeable about AI as this individual is always educating me and others on the evolution of AI and is deeply invested into how AI will shape the future. Hyder always digs deep into the different ways AI would impact a variety of industries. Hyder is a smart and knowledgeable person who always listens to everyone's perspectives very clearly and does not hesitate to share his own perspectives to further enhance the other person's knowledge as well. There was this one time when me and Hyder were looking into impacts of AI and this resulted in us coming to a question, which was what is the impact of AI on capitalism? What will happen to jobs? What will happen to currency? How will we buy things if we can't work, meaning we can't make money? Another topic that we discussed was how every business is an information business and if every business is an information business, then is it also a money business. We debated for a long time and then came to the conclusion that information and money go hand in hand.

Story 2

Hyder is a very caring person and an extremely good friend to have by your side. If you're Hyder's friend, then he will always be there for you and make sure that he is helping you as much as he can. There was this one time when I was really confused on an assignment and didn't know where to start. Hyder went over the instructions with me and told me what he thinks the purpose of the assignment is and what the professor is looking for. The piece of advice that he had given me resulted in me really doing great on my assignment as I was able to better understand the assignment and use his advice on what is expected of the assignment. I was able to write a great assignment within a short period of time.

HAMZA MUSTAFA

Story 1

I was in a cricket team with Hyder. He was our team captain. During the semi-finals for the regional tournament, Hyder showed remarkable leadership skills. It was a high-pressure match and the other team had remarkable bowlers. Our batsmen were struggling at the start of the game. Hyder called a team huddle, in which he showed a high level of confidence and composure, assuring us to try our best and telling us that we have the ability to beat our competition. His words of encouragement boosted the team morale and helped us remain calm and focused during the high-pressure moment. Hyder led from the front, by being the opening batsman and bowling the first over by taking pressure off the rest of the team. Due to his calm composure, he scored a fantastic 56 runs and took 2 crucial wickets. Hyder also was excellent strategically, by placing fielders in areas that exploited the opposing batsmen, which led to multiple catches. In the end, we had one of our best performances of

the tournament, winning the semi-finals and Hyder won man of the match. After the game, he encouraged us all by telling us it was our collective effort that won the game. That game is a testament to Hyder Talpur's leadership and mental fortitude.